



# *One Buddha Is Not Enough*

*Being Peace in the 21st Century*

A 2-Day Mindfulness Retreat in the tradition of Zen Master Thich Nhat Hanh with Dharma Teacher Chan Huy, visiting from Saigon, Vietnam

**May 20, 2022** 7:00-9:00 PM (Virtual)

**May 21, 2022** 9:00 AM-5:00 PM (Hybrid)

at Church of the Redeemer

5700 Forbes Avenue, Squirrel Hill

New and seasoned practitioners welcome!  
Sliding Scale: \$25-\$65. Partial Scholarships available. Beverages, light vegetarian lunch & snacks provided.

*Learn more & register at  
[laughingrivers.org](http://laughingrivers.org)*



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