## The Center for Mindfulness and Consciousness Studies at the UNIVERSITY OF PITTSBURGH presents a

## Mindfulness Fair

Saturday, March 19, 2016 10 am – 3 pm Frick Fine Arts Building

Information Tables
Collective Practices including Yoga
Discussion Groups and Presentations
Activities for Kids
Refreshments
Admission is Free

## ALL ARE WELCOME

For information, go to our Facebook event page: Pitt Mindfulness Fair You can also check our Website: mindfulnesspitt.org
Or send an email to mindfulnesspitt@pitt.edu

