Below are the minutes of the recent CCC meeting. The meeting was held March 22, 2011. We extend thanks for your continued interest.

The CCC met at Aladdin’s at 5:00 p.m.; in attendance were Martha, Kate, Natalie, Michael and George.

Natalie was facilitator Michael took the minutes.

Due to illness Marty was unable to attend.

Mindful breathing was enjoyed by the committee; Mindful Mtg. guidelines were reviewed; the minutes from our previous mtg. were approved. The request for an annual financial report from Lee bash will be pursued further by Michael. Bill Meoni submitted the financial results fro the Spring Retreat; as some items were not ready, a final report will be posted on LRS list serve when completed.

The post-retreat questionnaires were presented, with a universal theme of deep appreciation expressed by all who attended. Marty will review when her health improves.   A fall 2011 retreat committee has been formed, with Michael, Laura, Natalie and Red as committee.

Additional input is requested by Bill M. and Red before altering or expanding the current list-serve; George will pursue with Bill. A list of posting guidelines will likely be forthcoming. The list of DOM's can be found on the LRS web page; please review the recent posting regarding dates and opportunities

foe DOM facilitation which appeared on this list serve.

The purchase of a video recorder and tripod was handled by Martha in time for use at the recent retreat. Martha will finalize expenses and present at the next CCC mtg. Thank you Martha for this service.  A summary of the well-attended facilitator's meeting appeared recently on the list serve, along with an additional posting. Facilitators will please note that guidelines are in place; also note that there are openings available for Sangha members who would like to volunteer to facilitate during this calendar year.

Natalie presented an overview of the mindful eating Seminar held during the spring retreat. There was universal praise for the professional and mindful presentation. Many sincere bows to Deborah Brooks and Jen Whiteside for their excellent and tireless efforts on behalf of our Sangha. The request by Chan Huy for continuation of Mindful Eating presentations will be addressed in an announcement-invitation to be posted on the list-serve.

Martha will post ongoing opportunities for supporting our Sangha  on the list-serve   Red and CCC members are actively focusing on deepening the involvement of children and young adults in our practice; a survey or announcement will be forthcoming on the list-serve. Natalie will contact kate H. with an invitation to post a Survey Monkey on this topic.

The letter from Thay on the situation in Japan was silently read.   The next meeting of the CCC is scheduled for May 17, 2011 at 5:00 p.m. at Aladdin’s. All interested Sangha members are invited to attend. Michael will facilitate.

 Bowing and smiling in deep appreciation for the gift of this Sangha,

 Michael.