

# AWAKENING TOGETHER

*CULTIVATING THE STRENGTH TO LOVE*

LAUGHING RIVERS SANGHA

OCTOBER 19 - 22, 2017

## **Chu Chan Huy**

*True Radiance*



From a family with four generations of Thich Nhat Hanh's students, Chan Huy was ordained a Dharma Teacher by Thich Nhat Hanh in 1994. Now living in Canada, he teaches mindfulness meditation and leads retreats internationally. If you have wanted to hear Thich Nhat Hanh in person but have not been able to do so, Chan Huy can give you a taste of that Experience. He is among the most accomplished and articulate of Thich Nhat Hanh's lay Dharma Teachers. You will know from his presence that he embodies the practice of mindfulness.

## **Terry Cortes-Vega**

*True Action and Virtue*



Terry Cortés-Vega began her mindfulness training in 1998 with Zen Master Thich Nhat Hanh, and in 2012 she was ordained as a Dharma Teacher in his Order of Interbeing. She explains the Dharma by sharing her own experiences and insights at public talks, mindfulness retreats, and days of mindfulness. Terry has been described as an "insightful, heartfelt and creative" teacher of the Dharma whose talks are "humorous and relatable, simple yet profound." She is the Resident Teacher for the Plum Blossom Sangha in Austin, Texas.

## **Anthony Silvestre**

*True Hall of Peace*



Tony Silvestre, "True Hall of Peace," first heard Thich Nhat Hanh's teachings in the late 1960's in the pro-peace movement during the American invasion of Vietnam. He has been practicing mindfulness with Laughing Rivers Sangha in Pittsburgh since the early 90's and was ordained by Thich Nhat Hanh as a Dharma Teacher in 2012. He is the Resident Teacher for Laughing Rivers Sangha, and he directs the Center for Mindfulness and Consciousness Studies at the University of Pittsburgh.