DISCOVERING TRUE NATURE THROUGH MINDFULNESS

Chu Chan Huy
True Radiance



From a family with four generations of Thich Nhat Hanh's students, Chan Huy was ordained a Dharma Teacher by Thich Nhat Hanh in 1994. Now living in Canada, he teaches mindfulness meditation and leads retreats internationally. If you have wanted to hear Thich Nhat Hanh in person but have not been able to do so, Chan Huy can give you a taste of that Experience. He is among the most accomplished and articulate of Thich Nhat Hanh's lay Dharma Teachers. You will know from his presence that he embodies the practice of mindfulness.

Anthony Silvestre True Hall of Peace



Tony Silvestre, "True Hall of Peace," first heard Thich Nhat Hanh's teachings in the late 1960's in the pro-peace movement during the American invasion of Vietnam. He has been practicing mindfulness with Laughing Rivers Sangha in Pittsburgh since the early 90's and was ordained by Thich Nhat Hanh as a Dharma Teacher in 2012. He is the Resident Teacher for Laughing Rivers Sangha, and he directs the Center for Mindfulness and Consciousness Studies at the University of Pittsburgh.